

Enclosed is a scalar antenna (also known as the “zinger”) with which to play your MP3 file of your recorded NMT session(s). This is an electronic device composed of a quartz crystal and wiring that allow it to convert a digital audio file into scalar waves. Effectively, this replays the therapeutic intention of your NMT session for as long as you play it. I muscle test to see what is the optimum number of times to play the file each day. Additionally, you can experiment with how many times you play it. Keep in mind that if your child (or you) is very sensitive, you will not want to overlay it.

To play your MP3 file with the zinger:

- Plug the zinger into the headphone jack of your computer or MP3 player (Ipod).
- If an MP3 player, push the play button and put it on repeat for the length of time you'd like it to play.
- If playing it on the computer, please download the file and save in a folder. From the folder location, if you double click on the MP3 file, it may automatically open in Windows Media Player, or some other audio player device installed on your computer. If it doesn't, you may be asked which program you wish to play the file with. Choose your audio file player, whatever you have installed on your computer – most likely will be Window Media Player (with PCs). Click the play button and repeat button. Play as many time as recommended.

You will not hear any sound. This is normal. You will be playing an audio file (like a music file), but it will be converted by the zinger into scalar waves that cannot be seen, heard or sensorially felt.

You need not be physically near the file as it is playing, as, unlike radio or other waves, scalar waves do not diminish over time and space. You can be playing the file at home and your child be at school or out and still be getting the therapeutic intention of the NMT session.

****NO THERAPEUTIC EFFECT IS CLAIMED****